The Cambodian FAMLY

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SERVING ORANGE COUNTY SINCE 1980

FISCAL YEAR

IMPACT REPORT

AND PALTRY INSTANCES



Mission Statement

The mission of The Cambodian Family is to promote social health by providing refugee and immigrant families the opportunities to develop the knowledge, skills, and desires for creating health and well-being in their lives.

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The Cambodian FAMLY

MESSAGE FROM OUR EXECUTIVE DIRECTOR



I am extremely pleased and excited to share with you our FY2024 Impact Report which highlights our key accomplishments and the innovative programs, services, and partnerships at The Cambodian Family (TCF) that have helped advance equity in Orange County and beyond. While there are so many accomplishments over the past year, I am so honored to share with you our five major accomplishments in 2024 below:

- TCF applied for and received a \$2 million donation from the philanthropist MacKenzie Scott through her Yield Giving. TCF was one of 361 applicants selected from a pool of over 6,000 nonprofit organizations in the U.S. that were recognized and awarded for their drive to elevate the voices of vulnerable individuals and families who face systemic obstacles and challenges. We are extremely grateful for this donation, which is the largest gift ever given to TCF since our inception in 1980. This accomplishment was featured on ABC7 News.
- Our community members joined the Orange County Board of Supervisors to advocate for the Early Intervention Services for Older Adults (EISOA) program to stay with the community. This advocacy, along with MECCA and key partners meeting with individual Board members, resulted in the nearly \$5 million EISOA grant being re-awarded to our diverse older ethnic communities.
- TCF was invited to speak at the White House AA and NHPI Mental Health Convening hosted by The White House Office of Public Engagement and White House Initiative on Asian Americans, Native Hawaiians, and Pacific Islanders (WHIAANHPI) in Washington DC where we were able to share our concerns and perspectives on the continued mental health needs of the communities we serve.
- TCF and our partners from OC Asian and Pacific Islander Taskforce (APITF) launched a groundbreaking report entitled Data to Action: A Data and Policy Brief About Asian Americans, Native Hawaiians and Pacific Islanders in Orange County that provides detailed demographic, health and civic engagement data about AA and NHPI communities in Orange County. The report is available to download from here: https://www.ocapitaskforce.org/resources.

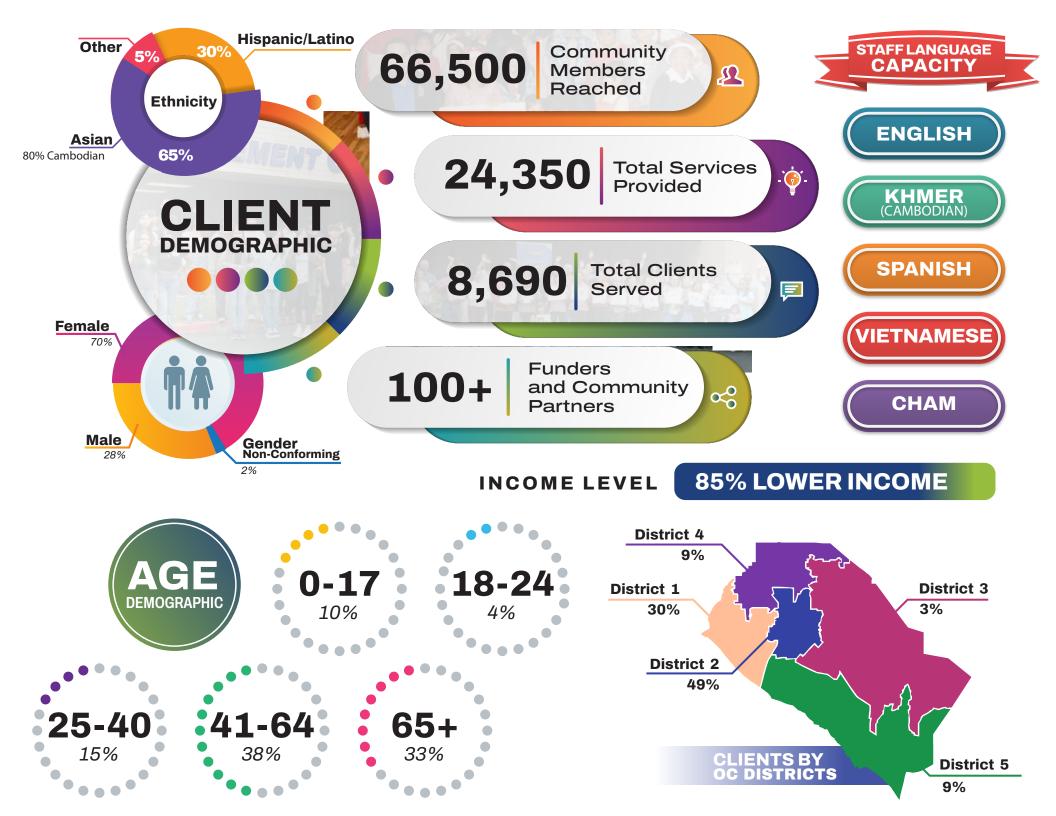
TCF's capacity was built to provide Community Health Worker (CHW) services, thanks to the support from CalOptima Health, a managed care plan in Orange County, that provided TCF with the opportunity to join their CHW Academy. The academy provided participants with six months of training and onboarding support to prepare participants like TCF to be contracted to provide CHW services and to bill Medicaid for these services.

I would also like to take this opportunity to express my profound gratitude and deep appreciation to my board, staff, community members, volunteers, supporters, funders, and partners; *we couldn't do this work without you!* You have helped us make an impact on the lives of over 8,600 underserved community members - *THANK YOU!*

I know there will be many challenges ahead, but with your trust and continued support and the partnership that we have built together, I am ready to join you for the fights ahead. Let us reground ourselves with compassion and the power of our immigrant and refugee community members. Once again, on behalf of The Cambodian Family and those we serve, please accept my utmost appreciation and thank you for your support.

Vattana Peong Executive Director





Community Health and Mental Health/COVID-19

One-to-one interactions were provided by our Connect to Health OC program to educate on Vaccine-Preventable Diseases.

1,314

Vulnerable and monolingual senior adults and children received COVID-19 vaccines through our community pop-up clinics

324

18,838

Community members were reached and educated on the Trusted Messenger Network program where they learned about COVID-19, Save the Water, Extreme Heat, and ITIN campaigns.

reached directly and indirectly with digital, and physical in-language COVID-19 resources, testing navigation, and case

15,380

Clients participated in prevention & early intervention activities such as exercise, yoga, meditation, socialization groups, spiritual wellness, arts & crafts, field

trips. etc.

22,023

community members were

educated, through outreach, on

the CA Workplace Outreach Project

(CWOP) where TCF and our partners

such as Vietnamese American Cancer

Foundation (VACF), and Access

California Services, provided access to

education on workers' rights & safety

and benefits for workers who

suffer work-related injuries or

illnesses.

985

Clients received benefits enrollment assistance for MediCal, Medicare, CalFresh (Food Stamp), CashAid, and other public benefits

> in-language mental health peer support sessions conducted in Khmer (Cambodian) were provided to community members

104

depression score (PHQ9) after our workshops

700

796

Clients received

mental health and

health care

coordination and

patient navigation

services

824

members participated in our Stop The Hate program, where they engaged in wellness, self-defense, bystander intervention, artistic expressions, and civic workshops, in addition to receiving case management and counseling services.

Percent of clients that they understoo risk factors for men health illness and we equipped with positive

Percent of clients depression who attended our mental health workshop reported that they were more prepared to ask their doctor/mental health professional questions about the mental health.

5

Average points in

reduction of client's

89%

95%

Percent of clients reported that they felt better and were able to reduce stress/worry and anxiety after attending our mental health workshops.

> t of clients reported understood the rs for mental ss and were

> > **90%**

Youth and Civic Engagement

80 YOUTH

80 youth engaged in hybrid after-school tutoring, career readiness presentations, physical/mental health education, STEM, leadership development, prevention-oriented life skills, and mental health educational workshops and inquiry-based discussions. 15 parents and youth attended our in-person 12-week summer enrichment program and parental support and education

15 PARENTS AND YOUTH **3** YOUTH FIELD TRIPS

3 enrichment field trips for youth, including field trips to the Orange County Museum of Arts and Miles Square Park were provided 2 major youth-led budget advocacy projects completed at the city and county levels involving youth programming and youth mental health services.

2 YOUTH ADVOCACY PROJECTS

69 YOUTH

69 middle-school/ high-school-aged youth from communities of color participated in youth substance use disorder prevention programming. 3 youth listening sessions on substance use disorder, leadership, and advocacy held for middle-school and high school students through ESALY.

> 3 YOUTH LISTENING SESSIONS

85%

100%

PERCENT OF

students felt comfortable talking to their mentors about thoughts and experiences around substance use.

PERCENT OF

students reported feeling more confident in their public speaking skills after participating in ESALY leadership and advocacy classes.

92%

PERCENT OF

ESALY youth expressed high satisfaction with the ESALY youth program, indicating that it met or exceeded their expectations.

Highlights

We launched our first ever student loan relief program with the Student Empowerment Network (SLE) at https://studentloanhelp.dfpi.ca.gov

Signed on to several different letters of supports including our support for SB 1078, which would establish an Office of Language Access, ensuring community members with limited English proficiency would have meaningful access to the government's health and human services programs.



Immigration Program

Clients Received Assistance With U.S. Citizenship Applications And Referrals To Free Or Low-cost Legal Services

Hours Of ESL And Civics Instruction Delivered To Lawful Permanent Residents Preparing To Become New US Citizens.

103250 55 Community Members Received In-language Education And Information Regarding Citizenship Application Assistance/immigration Services

Limited-english-proficient Residents Were Trained In Leadership And Advocacy Topics And Advocated For Mental Health Needs At The County & State Levels

Lawful Permanent Residents Completed Their U.S Citizenship Applications



"I learned a lot through this program with advocacy and learning the long-term consequences of substance abuse. **I** want to do more in my community, and support and help others when they need it!" (J.R. from Santa Ana, CA)





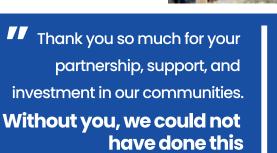
"I want to do more in my community"



"Before I came to The Cambodian Family Center, I was very shy and lonely. After attending the exercise, ESL, and Citizenship classes, *I have made many friends and have found a community of people to share my life experiences with.* I am grateful for this opportunity to socialize with people my age. I have been able to decrease my stress and be more happy." (B.T. Santa Ana, CA)

"I learned how to report...a hate crime or a hate incident. I think we all should join these workshops & training, so we can protect ourselves, our family, and our friends." (L.S, Anaheim, *CA*)











R.R fifty-four years old, came to us seeking support for naturalization and FOIA (Freedom of Information Act) application. With our help, he was able to get his records and we were able to successfully complete his N-400 application. After becoming a *U.S* citizen, he called our office to say "Thank you for all the support when I was applying for citizenship. My family members...learned to be more motivated and not be scared to apply for naturalization [because of my experience]."

